



Tracie Murphy
Director

Department of Social Services

David H. Jarrell
Board Chair

Press Release

“MARCH FOOD AND NUTRITION BENEFITS TO BE RELEASED EARLY”

The NC Department of Health and Human Services (DHHS) is continuing to adjust distribution schedules for Food and Nutrition Services (FNS) benefits because of the federal shutdown earlier this year. All of February benefits were issued on January 20, 2019. To make sure families will not have too long between benefit distributions, March benefits for all recipients will be accomplished by March 3, 2019.

The distribution on March 3, 2019 for all of March, will, for the second time, be early for most families. This process is designed to help minimize the effects of long periods between distributions. DHHS will continue the process of getting families back on their routine schedules.

Just as in January, the benefits issued early for March are the ONLY FNS benefits issued for March 2019. Therefore, families are again strongly encouraged to budget and spend wisely.

There should be another mass issuance in April before the regular issuance schedule gets back on track in May.

“We encourage families to continue to budget accordingly and pace their use of FNS benefits to make sure they have sufficient food until they return to their normal benefits cycle” said Tara Myers, NC DHHS Deputy Secretary for Human Services.

FNS is a federal food assistance program that provides low-income families with funds to purchase food needed for a nutritional, adequate diet. March’s benefits, issued on March 3, are immediately available for use and families have one year to spend their benefits. There is no change in the amount of benefits available to recipients due to the schedule changes.

Randolph County families who need assistance with food or other items may visit the Randolph County Partnership for Children’s website for a list of available resources. <http://www.randolphkids.org/parent-guide/291-logo-editing.html> .

For more information on FNS, go to www.ncdhhs.gov/assistance/low-income-services/food-nutrition-services-food-stamps or contact Randolph County Department of Social Services at 336-683-8000 or visit our office at 1512 N. Fayetteville St Asheboro, NC.

P.O. Box 3239, Asheboro, North Carolina 27204

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