

RANDOLPH COUNTY BOARD OF HEALTH  
RANDOLPH COUNTY PUBLIC HEALTH  
2222-B South Fayetteville Street, Asheboro, NC  
Thursday, July 11, 2019

Members Present

Charles Lee, DVM, Chair  
Mack Summey, PE  
Julie Mabe, RN  
Robert Brown, MD  
Courtney Alston Wilson, Community Member  
William Walker, OD  
Hope Haywood, County Commissioner  
Daryl Hill, DDS  
Lyn Richardson, RD, Community Member  
Marianne Evans, PharmD

Staff Present

Susan Hayes, Health Director  
Tara Aker, Assistant Health Director  
Brooke Hogan, Executive Assistant  
Kendall Phillips, Health Educator  
Morgan Routh, Animal Services Attendant  
Emma Woods, Housekeeper  
Wesley Vann, Animal Services Manager  
Wendy Kennon, Health Education Supervisor

Members Absent

Marty Trotter, Community Member, Vice-Chair

Visitors Present

Samantha White, WIC Intern, Auburn University

**I. Call to Order**

The Randolph County Board of Health met on Thursday, July 11, 2019, in the conference room at Randolph County Public Health. Dr. Lee, Board Chair, called the meeting to order at 6:10 p.m.

**II. Public Comment Period**

Dr. Lee opened the public comment period. Hearing no requests, the public comment period was closed.

**III. Approval of Minutes**

Dr. Lee presented minutes for the regular and closed sessions from the May 13, 2019 board meeting. Board members reviewed the minutes, and Dr. Brown made a motion to *“approve the May 13, 2019, regular and closed session minutes as presented.”* Dr. Walker seconded, and the motion carried.

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**IV. Opioid Update**

Kendall Phillips, Public Health Educator, presented board members with an update regarding the Opioid crisis in Randolph County, statewide and the nation as a whole. Response data was provided from Randolph County Emergency Services. Data reflected an increase in overdoses; however, the data showed a plateau in death rates. Ms. Phillips attributed the plateau in death rates as a combined community effort with the distribution and use of Naloxone and medication lock boxes. A significant amount of lockboxes were distributed at Randolph County Senior Adults Center. Area fire departments have been trained to administer Naloxone. Also, Randolph Community College recently held its 8<sup>th</sup> annual Mental Health and Substance Misuse symposium providing education to the community, which was the largest event held to date with 122 in attendance. Randolph County Public Health Educators hosted a table at the event. Parent Awareness Workshops (PAWS) were offered at five schools in Randolph County. PAWS workshops provided education to parents on vaping, internet safety, suicide prevention, and medication safety. Ms. Phillips stated that Moore County received a \$100,000 Health Resources & Services Administration (HRSA) grant to help fill in gaps in a ten-county area. Randolph County has been offered \$15,000 of those funds with the funds earmarked for a family drug court coordinator. Brooke Schmidly, a local Attorney, is hoping to reinstate family drug court in Randolph County.

On a state level, North Carolina's Naloxone standing order allows any licensed NC pharmacist to distribute Naloxone to anyone that may request the overdose reversal medication. The State of NC also launched a "More Powerful NC Campaign" website, which is essentially a one-stop-shop for opioid-related topics and resources. NC Governor Cooper signed House Bill 474/Senate Bill 375 "Death by Distribution Act" into law with an effective date of December 1, 2019. This bill allows prosecutors to charge dealers with a Class B2 felony if they have a previous distribution conviction or Class C felony. Substances in this act include any form of opium, opiate, or opioid and its derivatives as well as cocaine, methamphetamine, or a mixture of one or more of these substances. There is a "good Samaritan" clause protecting doctors and pharmacists who prescribe an opioid for a legitimate medical purpose. Ms. Phillips noted that the point of this

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legislation is to stop high-level drug traffickers. However, as pointed out in an article on 911 Good Samaritan Laws (*see article following the minutes*), there is a link between higher rates of death due to severe penalties for possession and use of illicit drugs. The article indicates that states with laws that impose criminal charges on individuals who provide drugs to someone who subsequently dies of an overdose may prevent someone from seeking immediate medical attention, therefore preventing many witnesses from seeking emergency medical help for fear of prosecution.

Ms. Phillips opened the floor for questions/board member discussion. Julie Mabe asked if data showed the number of unintentional, non-illegal overdoses; such as in the senior adult population. Ms. Phillips stated that the data did not reflect an exact number to that type of overdose. Lyn Richardson inquired what happens when someone receives Naloxone. Ms. Phillips explained that an overdose may last up to three hours. When Naloxone is administered, it may be effective up to one hour. Following a Naloxone overdose reversal, if medical treatment is refused, an overdose victim may fall back into a state of overdose, creating the need for another dose of Naloxone. Naloxone kits contain two doses. There was some discussion across the board with no further questions.

#### **V. Medicaid Transformation Update**

Susan Hayes, Health Director, presented board members with an update on the process of Medicaid Transformation in North Carolina. A brief overview of the history of the Medicaid Transformation in NC was provided. Five insurance companies, referred to as pre-paid health plans (PHP's), were awarded Medicaid contracts in October of 2018; these contracts have been reviewed and approved by both DHHS and the NC Dept. of Insurance. NC is divided into regions for the Medicaid Transformation rollout. Randolph County is Region 2 with a go-live date of November 1, 2019. Funding flow includes state and federal funds going to DHHS and in turn, will be distributed to the PHP's. Design components center around social determinants of health, focusing on four pieces of population health including food insecurity, mental health services, housing, and transportation. The NCCare360 platform will roll out along with Medicaid

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transformation. The platform will allow providers to go online to access resources clients may need such as food, housing and other resources including an opioid strategy component.

NCCare360 is being piloted across NC with \$650 million set aside for implementation over the next five years. Evidence-based strategies must be used and funding is distributed based on by outcomes. Value-based payments are also a piece of Medicaid Transformation.

**VI. Health Director's Report**

- Susan Hayes welcomed visitors and new staff: Samantha White, WIC Dietetic Intern (Auburn University), Emma Woods, Housekeeper, and Morgan Routh, Animal Shelter Attendant.
- Ms. Hayes recognized Assistant Health Director Tara Aker, and IT staff, Ernie Hall, for a job well done on rebranding Randolph County Health Department to Randolph County Public Health (RCPH).
- Randolph Health is experiencing financial hardship. Public Health, along with other county agencies, is watching the situation closely. Public Health staff met with County Manager, Hal Johnson, EMS staff, DSS staff, and Commissioner Chairman Darrell Frye, to discuss the impact of how to manage emergency care should the hospital close for business. Marianne Evans asked about commissioners taking a loan in support of the hospital. Commissioner Haywood stated that local commissions are not allowed to borrow money to protect counties from overextending debt and that Randolph Health would not be able to pay back the loan.
- WIC program numbers continue to decrease in Randolph County and statewide. Discussions to increase client participation includes offering WIC services in the newly renovated, County owned, Northgate shopping center. There is space available, and the location is across from DSS, which may prove to be a more convenient site for Medicaid clients to utilize WIC services if clients already have transportation to DSS. Board members were in support of the Northgate site for the WIC program. Dr. Hill inquired about RCATS services with the possibility of checking into providing transportation for WIC clients.

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- The Board of Health Tobacco-Free Rule went into effect May 11, 2019. Public Health has distributed pocket cards and is offering cessation classes. Signs are being printed and will be posted on county properties. There was some discrepancy with Liberty, Franklinville, and Randleman on where to place the signs at the libraries, the issue should be resolved soon.
- Rebranding for Animal Control to Randolph County Animal Services (RCAS) was effective July 1, 2019. In addition, the Board of Commissioners voted to establish Randolph County Animal Services as a separate division within Randolph County Government. A division director position will be advertised with a goal of being filled within 90 days. Commissioners will elect an advisory board for animal services on August 5<sup>th</sup>. Ms. Hayes read a memo presented to county commissioners noting the positive work for the past three years around Animal Control. She made note euthanasia rates have decreased by 22% (*see handout following the minutes*). Commissioner Haywood requested that the memo be emailed to Board of Health members. Dr. Lee noted that a small group of people had stirred strife and disruption and encouraged board members to speak highly of the shelter staff if questioned in the community about RCAS.
- A Communicable Disease report was provided to board members (*see handout following the minutes*.) Ms. Hayes noted that Randolph County has not had any measles cases and to date; there have been no measles cases reported in state of NC. Measles surveillance has increased within the county by sending out clinician memos, testing guidance, and hosting a webinar. Randolph Health infection control has developed an algorithm to follow for emergency department staff, and Randolph Health Pediatrics have been in contact with Public Health staff to increase staff awareness and knowledge of measles. She stated that one immune-compromised patient with tuberculosis passed away in Randolph County. One case of pertussis occurred at Randleman Enrichment Center; proper protocol is being followed.
- The Dentist vacancy is still being advertised. Three applicants were interviewed but none of the applicants were interested upon concluding interviews.

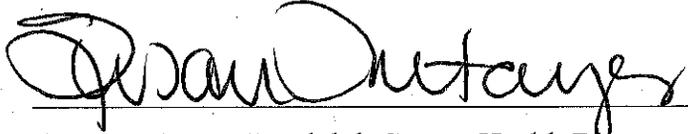
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- Arey Rash, Director of Nursing, is retiring from Public Health on September 30, 2019. Ms. Hayes recognized that Ms. Rash has served many years in Public Health and wishes the best for her in retirement.

The next regularly scheduled Board of Health meeting is Monday, September 9, 2019, at 6:00 pm in the Randolph County Public Health conference room. There being no further business, the meeting adjourned at 7:47 pm.



Dr. Charles Lee, Randolph County Board of Health Chair



Susan D. Hayes, Randolph County Health Director