

# Randolph County Public Health

ASHEBORO, NORTH CAROLINA 27205-7368

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**April 28, 2020**

**5:45pm**

## **FOR IMMEDIATE RELEASE**

Randolph County Public Health received notice on April 28, 2020 of an outbreak of COVID-19 at Universal Health Care in Ramseur. At this time, North Carolina Department of Health and Human Services considers two or more cases in a long-term care facility to be an outbreak.

The Randolph County Public Health Department is working with this facility to conduct contact tracing. The facility continues to implement strict visitor restrictions and infection control precautions to prevent any further spread of COVID-19. This long-term care facility will work in conjunction with Randolph County Public Health to have all residents and employees tested for COVID-19 as a precautionary measure.

The skilled nursing staff of the long-term care facility are continuing to provide quality care to all residents, with resident and staff safety being the utmost priority.

Randolph County Public Health has been encouraging all long-term care facilities in Randolph County to follow Centers for Disease Control & Prevention guidelines and state directives meant to curb the spread of COVID-19. A key part of these directives includes restricting visitation of all visitors and non-essential health care personnel as well as strictly adhering to infection prevention practices.

Randolph County Public Health Officials continue to encourage individuals to protect themselves to help lessen the spread of COVID-19. How to protect yourself and others:

- Follow the Stay at Home Order
- Practice social distancing, which means avoiding gatherings of more than 10 people and keeping 6 feet or more between yourself and others
- Frequent hand washing with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing or sneezing
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60 percent alcohol
- Cover your cough or sneeze with a tissue, throw tissue in trash, then wash hands
- Stay home when you're sick
- Keep distance from others who are sick

- Avoid touching your face
- Clean and disinfect high touch surfaces in common areas like doorknobs, remotes, light switches, tables and handles
- Wear cloth mask or face covering when out in public where you may be around people, like grocery stores or pharmacies, and still try to practice social distancing

As always, it is important to make sure the information you are getting about COVID-19 is coming from reliable sources like the Randolph County Public Health Department, CDC, and NCDHHS. For more information, please visit RCPH's website at <http://www.randolphcountync.gov/Departments/Public-Health/COVID-19>, the CDC's website at [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus) and NCDHHS' website at [www.ncdhhs.gov/coronavirus](http://www.ncdhhs.gov/coronavirus), which also includes positive COVID-19 case count results in North Carolina.

If you have questions, you may call the Randolph County Coronavirus Hotline at: 336-318-6227, Monday – Friday, 8am – 5pm.