Larry Poole Retires with over 20 Years of Service

LARRY POOLE will retire on May 16, 2022 after serving 20 years and 6 months with the Information Technology Department.

LARRY attended Randolph Community College and graduated with an Associate Degree. He began working with IT on November 16, 2001 as a MIS Specialist I. He provided technical support on the helpdesk, installed new equipment and performed hardware and software troubleshooting and repair.

In November 2004, LARRY was promoted to a MIS Specialist II and performed Microsoft Access programming along with his helpdesk duties. LARRY has always had a strong work ethic and is always willing to help wherever needed. In January 2010, he was promoted to a MIS Specialist III. That position was reclassified as an Infrastructure Services Specialist to reflect the network, data and voice support provided. Since then, LARRY has been responsible for the entire lifecycle of technology assets all the way from procurement, deployment and disposal.

LARRY is well-respected by our end users and his coworkers for his technical ability, friendliness and customer service. He loves making people smile and is always there to help someone in need.

After retirement, LARRY plans on spending more time with his family, as well as fishing and relaxing in the mountains. His warm smile, sense of humor and dedication will truly be missed. We wish him a long and happy retirement.

-Michael Rowland
Sheryl York Retires

SHERYL B. YORK retired from the Department of Social Services effective March 31, 2022 with 7 years of service.

SHERYL began her career at Randolph County DSS on April 16, 2015 as an IM Caseworker in the Universal Intake Unit and will be retiring from there. SHERYL says, “It gives me great joy to help others. Many wonderful days laughing, crying, giving hugs, encouraging others, and being able to help others with benefits is an added plus!” The advice Sheryl gives to any new hires is to choose to love what you do, even the boring parts. Find joy, love, and compassion every day. SHERYL shows her love for her job each and every day. She works with a high level of integrity and upholds the agency’s core values. SHERYL was recognized for her demonstration of teamwork and commitment when she took the initiative to pull and process pending applications from co-workers who were out unexpectedly during the Pandemic. SHERYL’s work ethic, knowledge, and efficiency make her an excellent employee, but her smile and kindness made her an even better coworker and friend.

SHERYL has been married to Dennis for the past 48 years. They share three children and seven grandchildren. SHERYL is on a lot of committees at South Plainfield Friends Meeting. She enjoys crafts, reading, and spending time with the “grands”. SHERYL’s plan for retirement is “to be a Nana to the greatest grandkids in the world (my world).”

Congratulations SHERYL. You are greatly missed. Best wishes for a very long and very happy retirement!

Teresa Stinson Retires

TERESA CHEEK STINSON is celebrating her retirement from the Department of Social Services as of June 1, 2022, with a total of nineteen years with the department.

TERESA is a 1978 graduate of Eastern Randolph High School and worked for 14 years with the Randolph County Schools as the ISS Coordinator and Teacher Assistant. She started her career with Social Services on June 9, 2003 as an Income Maintenance Technician in the Specialty Unit. While an employee at DSS, TERESA has been a great asset. She has a positive attitude, treats people with respect, compassion, and understanding, and she maintains a high level of standards when completing her work.

TERESA is adopting a two-year-old baby girl into her family named Phoenix, of whom she already has custody, they enjoy breaking in the new swing set. TERESA plans on teaching Phoenix the things of the Lord and homeschooling her. TERESA lives and takes care of her handicapped Mom, has a son, Andrew, two daughters, Barbara and Sarah, a grandson, Cole, and two granddaughters, Sarah and Bailey. TERESA is active at New Life Family Fellowship and is a member of a fun-loving group of ladies called the Hallelujah Honey Bees. TERESA also enjoys spending time with family and anything water related like swimming, boating, and more.

TERESA states that her time at DSS turned into one of God’s greatest blessings in life. She has met some life-long friends and has been able to assist others when they needed it most. While in LIBBY DAVIS’ unit, she was part of the groundbreaking of the Generic Intake Unit now called Universal Intake. TERESA’s advice for any new hire is to learn all you can about the programs available in and outside of the agency and help the citizens of this county find the assistance they need.

Her retirement plans are to continue to care for the ones in her life that need her. TERESA would also like for herself and Phoenix to spend more time with family in St. Augustine, Florida, as well as the pool, lake, beach or wherever they find water!

Congratulations TERESA. Best wishes for a very long and very happy retirement!
LU ANN SMITH Retires with 21 Years of Service.

LU ANN SMITH will be retiring effective May 1, 2022, after spending the past years serving the citizens of Randolph County at the Register of Deeds office. She has enjoyed working with the public and helping our citizens through the years. She is looking forward to spending more time with her husband, Charles Smith, her daughter Whitney, her son Kevin and her four grandchildren, Sutton & Everly and Ellis & Milo. LU ANN said it has been an honor and privilege to work for Randolph County, so much in fact that she plans to come back part time after taking a few months off to relax, travel and enjoy life at a slower pace. We will miss you! Thank you for all of your years of dedication and service to Randolph County and its citizens.

Social Services is pleased to present our Graduates from the 2022 Department of Social Services Leadership Academy (DLA). DLA is designed to meet the need for enhanced leadership and mid-to-senior level management skills. The program develops interpersonal communications, cross training, and presentation skills necessary to meet the challenges of a rapidly changing County. The DLA requires a 12-month commitment from the attendees while completing their employment responsibilities.

Dorothea Harvell     Michelle Tompkins     Cecilia Valdes     Stacie Hazelwood     Heather Thomas
New Employees

L to R: Jeanine Cromier, DSS; Nathan Bowman, Sheriff’s Office; Matthew Canham, Sheriff’s Office

L to R: Daniel Ramirez, Emergency Services; Shauna Hazelwood, Animal Services; Kathy Pachero, Tax; Esmerelda Dominguez, Sheriff’s Office; Faith Thompson, Emergency Services

L to R: Jennifer Gonzalez, JDRC; Rebecca Allred, JDRC; Jo Anne Higgins, TDA

L to R: Tiffany Todd, Register of Deeds; Anyel W right, Public Health; Bethany Cheek, Emergency Services; Amy Dominguez, Emergency Services

L to R: Samantha Munoz, Library; Amy Dominguez, Emergency Services; Genie Dobbins, Emergency Services; Cassandra Coco, Emergency Services
New Employees

L to R: Ashley Knox, Animal Services; Melody Varner, TDA; Kailey Stanley, Sheriff’s Office; Michael Stewart, Sheriff’s Office; Kenny Burke Jr., Sheriff’s Office

L to R: Sandra Kisselburg, Animal Services; Hunter Allred, Sheriff’s Office; Cindy Bellamy, Social Services; Veronica Horton, Social Services; Anthoni Clegg, Social Services

L to R: Sheri Moreau, Sheriff’s Office; Yolanda Vargas, DSS; Zachary McNeil, Emergency Services; Hannah Davis, Public Health

Elizabeth Taylor, Emergency Services

Jordan Callahan, Emergency Services
PROMOTIONS
JOHN HUNSUCKER promoted to Sergeant
SEAN CRAVEN promoted to Sergeant
CRYSTAL COVINGTON promoted to Corporal
MACKENSIE JONES promoted to Corporal
TERESA MACFAYDEN promoted to Lieutenant
CHARLES VARNER promoted to Sergeant

CONGRATULATIONS
Congratulations to Dep. BRYCE DEAN and wife on the birth of Emmett Jackson Dean on March 23, 2022. He weighed 6.7 lbs. and was 19 in. long.

Congratulations to Dep. SYLV WALTON and husband on the birth of Denver Kevin Walton on April 6, 2022. He weighed 7 pounds and was 20.25 inches. Congratulations to the proud grandpa, Maj. KEVIN WALTON.

Congratulations to Dep. ZACH CARTER and wife on the birth of Raelynn Carter on April 26, 2022. She weighed 8 pounds and 13 ounces and measured 21 inches.

SYMPATHY
Our sympathy to:
Capt. MICKEY BEAL in the passing of his mother-in-law on March 16, 2022.
Dep. BRANDON BOLICK in the passing of his grandmother on March 16, 2022.
Maj. STEVEN NUNN in the passing of his father on March 22, 2022.
Chaplain Bishop MICHAEL TROGDON in the passing of his father on April 16, 2022.
Col. AUNDREA AZELTON in the passing of her mother on April 25, 2022.

Welcome to new employees
ESMERALDA DOMINGUEZ ARELLANO – Detention Center
MICHAEL STEWART – Detention Center
KENNETH BURKE – Detention Center
KAILEY STANLEY – Probationary Deputies
HUNTER ALLRED – Probationary Deputies
NATHAN BOWMAN - Detention Center
SHERI MOREAU - Detention Center
MATTHEW CANHAM - Probationary Deputies

NEWS
Law enforcement from all around Randolph County will gather at the Randolph County Sheriff’s Office for the fourth annual “Blessing of the Badges” on Thursday, May 19, 2022, at noon. The public is invited to join us for a special ceremony to honor every law enforcement officer in Randolph County for their dedication to serve their community. Come and let us pray for and thank them for their endless dedication to the safety of our communities.

-Amanda Varner
Congratulations to **TYZIE MORNING** who graduated from the University of North Carolina at Greensboro with a Bachelors degree in Public Health on May 6th.

Welcome to new employee **ANYEL WRIGHT** whose first day was April 1. **ANYEL** is a CMARC Social Worker II. She has been married for 14 years and has a 7 year old daughter named Kennedy. Before joining Randolph County Social Services, **ANYEL** worked with Davidson County Social Services as a Child Protective Services Intake Social Worker for nearly 14 years. Prior to that, she worked for 8 years as a Foster Care Social Worker. She enjoys getting together with friends, shopping, traveling, and eating Mexican food. Welcome **ANYEL**!

-Amaris Avalos

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Congratulations to **KATHY PACHERO** on her new position as Personal Property Appraiser Technician as of March 16th.

Congratulations to **MELISSA AUSTIN** on the birth of her grandson, Eli Tate Austin, born April 10th, weighing 8lbs, 19.5 in. long.

-Gail Routh

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**May is National Foster Care Awareness/Foster Parent Appreciation Month**

May is National Foster Care Awareness/Foster Parent Appreciation Month, which promotes public awareness of the needs of children and older youth in foster care. It is a time of year when we put extra emphasis on recruiting new families and appreciating the ones we have.

Children of all ages, from newborns to teenagers, enter the foster care system.

There are currently 33 licensed foster family homes in Randolph County and 233 children in the foster care system. Foster parents provide temporary, loving homes for children, ensuring that each child’s physical, medical, and emotional needs are met. Families are needed that can parent any child but especially teenagers, sibling groups and medically fragile children.

Foster parents provide a vital role in the lives of children who have been displaced from their homes due to dependency, neglect or abuse. These parents open their hearts and homes to the children in our community.

In appreciation to our foster parents, the Asheboro Masonic Lodge #699 hosted a fun filled cookout for our foster families on May 12, 2022 at the North Asheboro Park. If you have considered and are interested in being a foster or adoptive parent, do not put it off any longer! If you would like to serve as a foster parent or receive additional information, please contact the Randolph County Department of Social Services at 336-683-8062 or email (foster.adopt@randolphcounty.nc.gov).

Thank you to all our Randolph County DSS foster families and other licensed foster parents that serve the children of Randolph County. Your work is valuable in making a difference in the lives of children. You are appreciated!!
Tourism Development Authority

Please join us in welcoming the newest team member at the Heart of North Carolina Visitors Bureau, MELODY VARNER. VARNER will fulfill the role of Tourism Marketing Coordinator, a position that serves as a liaison to our hoteliers, attractions, and event coordinators; assistant project director; and group tour sales contact — and much, much more!

VARNER joins our organization as a recent graduate from the University of North Carolina at Greensboro with a BA in Sustainable Tourism & Hospitality — she also attended Randolph Community College and Providence Grove High School in Climax. She enjoys spending time with her friends and family, especially her long-haired dachshund Zoey.

One of her beloved pastimes is checking out the newest movie at the local theater with popcorn. She has recently found a love of cooking and is always searching for new recipes.

VARNER is excited to grow with our organization and looks forward to making a difference in her home, Randolph County.

To contact Melody, please email her at melody.varner@heartofnorthcarolina.com or by phone at 336-626-0364, ext 101.

I-73/74 Visitor Centers Celebrate National Travel & Tourism Week!

National Travel and Tourism Week - #NTTW - is an annual tradition for the U.S. travel community. It’s a time when travel and tourism professionals across the country unite to celebrate the value travel holds for our economy, businesses, communities, and personal well-being. This celebration is held the first week of May.

Our I-73/74 Visitor Centers celebrate by providing beverages and snacks that are made in North Carolina to our visitors on our heaviest traveled day while offering special giveaway opportunities to visitors throughout the week.

The Visitor Centers are staffed and operated by the Randolph County Tourism Development Authority in partnership with the NC Department of Transportation and are located just one mile south of Exit 61/Hwy 705 in Seagrove, NC. Our hours of operation are six days a week – Mon/Wed/Thu, 9 am – 4 pm; Fri – Sun, 8:30 am – 4:30 pm; Tue, closed.

Information Technology

The Information Technology “Heads Above The Rest” award for providing outstanding support above and beyond the normal call of duty was presented to AMANDA DAWKINS this past quarter for the incredible work she did on the Sheriff’s Office crime statistics dashboard. Congratulations, AMANDA.

We say goodbye and good luck to CHRIS SAYLOR who left to take a position in the private sector.

Congratulations to ELIJAH ALLMON on his promotion to Network Administrator.

-Michael Rowland
Veterans Services


Reports reveal that the military and its contractors used burn pits to dispose of anything and everything. Burn pits included:
- Appliances
- Batteries
- Explosives
- Medical Waste
- Munitions
- Plastics
- Asbestos Insulation
- Dead Animals
- Human Waste
- Metal Cans
- Oil and Lubricants
- Tires

The list of known burn pit locations is long. The information gathered to date reveals that burn pits may have been operated at the following locations:
- Abu-Ghraib Prison, Iraq
- Al Asad Air Base, Iraq
- Al Qudo, Iraq
- Al Taqaddum (Ridgeway), Iraq
- Al-Iraq Air Base (formerly Talil Air Base), Iraq
- Al-Sahra a.k.a. Camp Speicher, Iraq
- Baghdad International Airport (BIAP), Iraq
- Bagram Air Base, Afghanistan
- Balad Air Base, Iraq
- Baqubah (FOB) (Warhorse), Iraq
- Camp Adder, Talil Air Base, Iraq
- Camp Al Taji, Iraq
- Camp Anderson, Iraq
- Camp Ar Ramadi, Iraq
- Amp Arifjan, Kuwait (Camden Yards)
- Camp Bastion, Afghanistan
- Camp Bucca, Iraq
- Camp Cedar, Iraq
- Camp Chesty, Iraq
- Camp Courage, Moul, Iraq
- Camp Cropper, Iraq
- Camp (FOB) Delta, Al Kut, Iraq
- Camp Echo, Diwaynia, Iraq
- Camp Eiger, Iraq
- Camp Liberty, Iraq
- Camp Loyalty, Iraq
- Camp or LSA Anaconda, Iraq
- Camp Pennsylvania, Kuwait
- Camp Ridgeway, Iraq
- Camp Rustamiyah, Iraq
- Camp Scania, Iraq
- Camp Shield, Baghdad, Iraq
- Camp Speicher, Iraq
- Camp Stryker, Iraq
- Camp Victory, Iraq
- Diwaiyin, Iraq

The U.S. Department of Veterans Affairs determined that toxins in burn pit smoke may affect the skin, eyes, respiratory and cardiovascular system, gastrointestinal tract, and internal organs. There are nine presumptive cancers associated with Burn Pit exposure to date:
- Squamous cell carcinoma of the larynx;
- Squamous cell carcinoma of the trachea;
- Adenocarcinoma of the trachea;
- Salivary gland-type tumors of the trachea;
- Adenosquamous carcinoma of the lung;
- Large cell carcinoma of the lung;
- Salivary gland-type tumors of the lung;
- Sarcomatoid carcinoma of the lung;
- Typical and atypical carcinoid of the lung;

The policy applies to veterans who served in the Southwest Asia theater of operations beginning Aug. 2, 1990, to the present, or in Afghanistan, Uzbekistan, Syria, or Djibouti beginning Sept. 19, 2001, to the present. That includes all veterans who served in the Gulf War, the Iraq War, and the War in Afghanistan.

If anyone can identify veterans from either the Iraq or Afghanistan conflict, please direct them to our office immediately.
Monday, April 4, 2022, Randolph County Commissioners voted to unanimously support a proclamation by the Randolph County Department of Social Services designating April as Child Abuse Prevention Month. In asking commissioners to adopt the proclamation, Randolph County Department of Social Services Director, Tracie Murphy, explained the importance of bringing greater community awareness to topics such as child abuse, neglect, and mental health.

Blue and Silver Pinwheels can be seen across our community. Those gardens represent our effort to focus on community activities that support families and public policies that prioritize child abuse prevention.

On Friday, April 8th, nearly twenty Randolph County Department of Social Services employees dressed in blue, walked North Fayetteville Street in Asheboro, speaking with surrounding businesses and organizations about the importance of preventing child abuse and neglect and gave out pinwheels.

The Kids of Hope LLC., McDonald’s, Asheboro Police Department, and Randolph County Board of Elections were among the businesses and organizations that showed their support for Child Abuse Prevention Month by planting the pinwheels provided.

Each year, there is an estimated 4 million cases of child abuse in the United States. Currently, Randolph County reports record numbers of child maltreatment, receiving over 1600 reports alleging child abuse, neglect, and dependency in 2021.

In North Carolina, the law requires any resident that suspects child abuse or neglect to report it to their local Department of Social Services. In Randolph County, you can call the Child Abuse Hotline at (336) 683-8200 during regular business hours and 911 at any other time.

- Heather Thomas
Juneteenth--Celebrating the End of Slavery
Thursday, June 16th at 6:30pm
Asheboro Public Library
201 Worth Street

Through the presentation, Dr. Arwin Smallwood explains why the celebration brings a strong sense of pride about the commitment that African Americans have made to the betterment of their lives and that of their children, grandchildren and all past and future generations. The presentation will also draw attention to slavery in North Carolina and the over 5,000 African Americans, whites and Native Americans that fought to end slavery and create a better life for themselves and all the people of the state of North Carolina after the Civil War.

What's Wrong With My Tomato?!?
Thursday, June 23rd at 6:30pm
Asheboro Public Library
201 Worth Street

Join us to learn how to diagnose and avoid common issues when growing tomatoes so you can have that perfect tomato sandwich this summer! This class will be taught by Randolph County's N.C. State Horticulture Agent, Annie Mills.

Let's Talk Turtles!
Thursday, July 7th at 6:30pm
Asheboro Public Library
201 Worth Street

This presentation is designed to provide the audience with a detailed look at the sea turtle species that inhabit NC waters and nest on our beautiful beaches. UNC-G's Melanie Stadler talk about what makes each sea turtle species unique, why sea turtles are important indicators of our planet's health, the threats sea turtles face, and what we can do to help them survive. There will also be plenty of time for Q&A, so be ready with your questions!

Continued on pg. 12
How to Sign Up & Report Weekly Minutes
Sign up for Summer Reading starting Wednesday, June 1st!
Sign up in the children's room or during our Summer Reading Kick-Off Carnival on Saturday, June 11th 2022.
Sign up & report minutes online at the Children’s Room Summer Reading page: https://randolphlibrary.libguides.com/summer22 or call us at 336-318-6804.
Last day to report minutes is Saturday, July 30th.

Weekly Prizes
Read 30 minutes a week for an entry into the grand prize drawing. One lucky grand prize winner awarded per week!
Read 60 minutes for an entry into the grand prize drawing, plus a trip to the treasure chest for a prize!
Read 120 minutes for an entry into the grand prize drawing, a trip to the treasure chest, and CANDY!
Weekly grand prizes include tickets to children's museums, trampoline parks, NC Zoo passes, and other children's entertainment. The final weekly grand prize is a Fire HD 8 Kids Pro Tablet!

Weekly Events
Mondays
Teen Zone - Every Monday, 4:00 PM
June 6, 13, 20, 27 & July 11, 18, 25

Mondays are for the Teens! All teens are welcome to participate in awesome weekly activities at the Asheboro Public Library Teen Zone, including tie-dying shirts, indoor yard games, movies, zine club, and other special events. Best for ages 12+, no registration required.

Tuesdays
Featured Performers at Asheboro Public Library - Every Tuesday, 10:30 AM
All performances are suitable for school-age children, no registration required.

Treasure Hunt at the Library - Tuesday, June 14th, 10:30 AM
Learn about cartography and make your very own map, then follow the clues through a treasure hunt at the library, learning about helpful library resources as we go!

Secret Agency Rhyme Writing Workshop - Tuesday, June 21st at 10:30 AM
Virtual program premieres on RCPL Facebooks the week of June 20-25th. This project was supported by the N.C. Arts Council, a division of the Department of Natural & Cultural Resources.

Watch the Secret Agency Rhyme Writing Workshop on the big screen at the library, then participate in your own rhyme writing! Can you write a rap to the beat and perform for the rest of your friends? Join us for the open mic after the program!

Shepherd Shakespeare Company’s The Tempest - Tuesday, June 28th at 10:30 AM
Join the Shepherd Shakespeare Company for a kid-friendly performance of Shakespeare’s The Tempest. A boat lost in a storm, rambunctious wind spirits, and revenge, all hosted during an interactive performance followed by Q&A and activities.

Continued on pg 13
Public Library continued

NC Aquarium Virtual Sea Turtle Tour - Tuesday, July 5th at 10:30 AM.
Visit randolphlibrary.libguides.com/summer22 for access to live, virtual zoom tour from home!

Watch the NC Aquarium Sea Turtle Tour on the big screen at the library, then participate in sea turtle crafts with the library staff.

Being Bilingual Rocks! With Alina Celeste & Mi Amigo Hamlet - Tuesday, July 12th at 10:30 AM
Virtual program premieres on RCPL Facebooks the week of July 11-16th. This project was supported by the N.C. Arts Council, a division of the Department of Natural & Cultural Resources.

Watch on the big screen at the library, followed by crafts inspired by the program! "Being Bilingual Rocks!" is an interactive, virtual experience created by Parents Choice Award Winners Alina Celeste and Mi Amigo Hamlet. Everyone will sing, dance, and learn Spanish and English in a joyful blend of cultures!

NC Zoo Event with Live Animal Ambassadors! - Tuesday, July 19th at 10:30 AM
Learn about ocean animals with NC Zoo staff and their live animal ambassadors.

Matt Sandbank’s Shadow Stories - Tuesday, July 26th at 10:30 AM
Join us for some shadow stories, created by Matt Sandbank’s Shadow Factory—live and in-person! He’ll create characters and stories through the use of screens and shadow puppets. Learn how to make your own at home!

Wednesdays
Family Storytime - Every Wednesday, 10:00 AM
June 1, 8, 15, 22, 29 & July 6, 13, 20, 27

Join the children’s room staff for family storytime every Wednesday at 10:00 AM!

June 1st - Whale Storytime
June 8th - Jellyfish Storytime
June 15th - Pirate Storytime
June 22 - Shark Storytime
June 29th - Mermaids Storytime
July 6th - Sea Turtle Storytime
July 13th - Beaches Storytime
July 20th - Oceans Storytime
July 27th - Ships Storytime

Thursdays
Sail the Seven Seas on the Mobile Library - Every Thursday, 10:00 - 1:00 PM
Keep up with the latest news on where the Mobile Library will be and view the interactive map at www.randolphlibrary.libguides.com/summer22.

Sail the Seven Seas with the Mobile Library! At every stop throughout the county, we’ll be visiting a different shore and learning something new about art and culture around the world. Check in with the Mobile Library Map to see which ocean we’ll be visiting at each stop. Activities and crafts are limited, while supplies last. Mobile Library will be providing book check-out during the duration of the stop.

June 16th - Bicentennial Park, Asheboro
June 23rd - Paul Henry Smith Park, Liberty

Continued on pg 14
Public Library continued

June 30th - Commerce Square Park, Randleman
July 7th - Frazier Park, Asheboro
July 14th - Freedom Park, Liberty
July 21st - Creekside Park, Archdale
July 28 - Hammer Park, Asheboro

Fridays
Free Play Fridays - Every Friday, 2:00 PM
All ages welcome, best for school-aged children
June 10, 17, 24 & July 1, 8, 15, 22, 29

Free play every Friday at the Asheboro Children’s Room! Every Friday, we’ll bring out something fun and creative for free play, including family board games, LEGOs, skill toys, and STEAM toys. Hang out with your friends and family and learn something new at the library!

Special Event Saturdays - Free Events for the Whole Family!

Summer Reading Kick-off Carnival - June 11th, 10:00 AM - 12:00 PM at the Asheboro Public Library

Join us for an amazing carnival-style kick off event at the Asheboro Library! Sign up for summer reading, play outdoor lawn games, take pictures with roaming under-the-sea entertainers such as stilt walking jellyfish and mermaid bubble artists from Imagine Circus! We’ll be joined by the Kona Ice food truck and the Mobile Library. Free event for all ages, no registration required.

Caleb Sigmon is Blackbeard the Pirate! - Caleb Sigmon Theatrical Live at the Sunset Theater - Saturday, 2:00 PM & encore 6:00 PM

Sigmon Theatrical presents Blackbeard the Pirate, a comedy and magic performance that will have your whole family in awe! Grab your eyepatch, parrot, and telescope – a swashbuckling voyage is in store for you! When two bumbling pirates accidentally awaken Blackbeard’s ghost, an epic chase for buried treasure ensues that will keep you on the edge of your seat, laughing, singing, and screaming all the way! An expedition for the entire family, this interactive show features daring swordfights, pirate shanties, magical effects, and one hilarious talking parrot that will have you busting at the seams. You’ll learn about one of the most famous pirates to ever sail the seven seas, all while following a 300-year-old treasure map to save the day. Fun and FREE live theater experience for the whole family, the highlight of the summer, not to be missed! No registration required, free program at Sunset Theater. Seating is limited so arrive early.

Summer Reading Finale Party - July 30th, 10 AM - 12 PM at the Asheboro Public Library

Wave goodbye to Summer Reading by creating a giant ocean wave community chalk mural at the Asheboro Library! Outdoor events include minute-to-win-it games with fun prizes. Report your minutes to be entered into winning the final grand prize, a Fire HD 8 Tablet! No registration required, fun for the whole family.

-Meghan Carter
Emergency Services

Congratulations to 9-1-1 supervisor, Lt. JANET KING, who was awarded the NC Association of Public Safety Communications Officials (APCO) lifetime membership because of her many years of dedicated commitment in support of the efforts and mission of the chapter and the 9-1-1 profession. She received the award at the annual banquet held in Wilmington on May 4, 2022.

Congratulations to Fire Inspector III MIKE PITTMAN who has been promoted to the new Fire Plans Examiner position in the Fire Marshal’s Office.

Welcome to Fire Inspectors NICK BYRD and ZACH MCNEILL and to our newest part-time EMS team member ELIZABETH TAYLOR, A-EMT.

Our condolences to Telecommunicator Sgt. ADAM NELSON on the recent loss of his father, who was also uncle to Maj. KEENA HEATON.

Congratulations to EMT JENNIFER MONTALVO who recently participated in the SkillsUSA North Carolina EMT competition and won first place.

A group of homeschooled children visited Emergency Services to learn about EMS. EMT ZOE WELCH (left) and Paramedic CASEY CRITCHFIELD (right) did a great job showing them the ambulance and equipment, and teaching them about emergencies.

-Donovan Davis/Janet King
Thursday, May 19, 2022, at 12:00 pm
Randolph County Sheriff’s Office Lawn

Join us for a special “Blessing of the Badges Ceremony” to honor every Law Enforcement Officer in Randolph County for their dedication to serve our community.

Come and let us pray for and thank them for their endless dedication to the safety of our community.
SAFETY UPDATE

Hurricane Preparedness
Strengthen Your Home
- Cover windows
- Trim trees
- Secure loose outdoor items
- Secure all doors
- Move vehicle to a safe location

NOAA

Hurricane Preparedness
Get an Insurance Checkup
- Check with your agent
- Know your policy
- Consider flood insurance
- Keep documents with you

NOAA
A key to good health is embracing healthy behavior like eating more fruits and vegetables, exercising regularly and getting adequate sleep. However, focusing on behavior to improve one’s health may not be the answer for long-term success. This is the paradox of human behavior. As strange as it seems, focusing on behavior actually increases stress and sets up failure in most people. Forcing oneself to embrace healthier habits may work in the short term, but long-term results are difficult at best.

Case in point is 66% of people who set New Year’s resolutions fail to keep them by the end of January. The key to healthy change is not focusing on behavior but changing your beliefs. You can’t change yourself from the outside-in; true change only takes place from within. “Be transformed (changed) by the renewing of your mind”.

Renewing your mind simply means programming your mind for success. Our behavior reflects our beliefs, and our beliefs are reflective of how our minds are programmed. So if you want to change your behavior, first change your beliefs. And to change your beliefs, program your mind with success. Unaware, most people are negatively programming their minds every day with hours of television, continuous negative self-talk, a poor self-image, dwelling on past hurts and disappointments, associating with the “wrong” people, or having a faulty worldview. For true success and positive change, feed your mind the right “mental diet” by...

» Affirming and meditating on your desired outcome (success)
» Embracing positive self and outward talk
» Practicing positive thinking (70% of thinking is negative according to recent study)
» Visualizing goals and imagining positive outcomes
» Surrounding yourself with positive people
» Blocking the infiltration of negativity from media, people, and other mentally destructive worldly sources
» Healing past emotional wounds through forgiveness
» Learning to “let go”

Wellness Application: To realize optimal health and abundant success, instead of focusing on behavioral modification, condition your mind for the successful outcome you desire.
Upcoming Events:

Monday, May 30th—Memorial Day (Offices Closed)
Tuesday, May 31st—Proposed Budget Presentations
Monday, June 6th—Commissioners Meeting
Thursday, June 9th—County Department Budget Presentations
Monday, June 13th—Outside Agencies/Fire Departments/Public Hearing on FY20/21 Budget
Monday, June 20th—Budget Adoption
Monday, July 4th—Offices Closed for 4th of July Holiday
July 11th—Commissioners Meeting

It’s Budget Season!

Budget kickoff has begun! Departments are in the process of preparing budgets for approval for the 2022-2023 fiscal year. The Board of Commissioners will be reviewing requests for additional staffing and equipment on a department by department basis.

Farm/Food/Family Education Center

The County has received $16,400,000 from the state for the Farm, Food, and Family Education Center. The total project cost is currently anticipated to be over $25,000,000. At their April meeting, the Board of Commissioners voted to support this project with a $5,000,000 financial commitment.

Randolph County Trails

Randolph County boasts over thirty miles of hiking trails. There are at least nineteen individual trails that are available for access. Have some fun this summer on one of these beautiful trails!

Randolph County Trails List:

- Deep River State Trail (Randleman)
- Deep River State Trail (Franklinville)
- Faith Rock Trail
- Deep River State Trail (Ramseur)
- Birkhead Mountains Wilderness
- Uwharrie Trail
- Pisgah Covered Bridge
- Purgatory Mountain Trail
- Moonshine Run Trail
- Middle Mountain Trail
- Connector Trail
- North Asheboro Park Trail
- Lake Lucas Trail
- Creekside Park Trails and Greenway
- Freedom Park
- Paul Henry Smith Park
- Clay Presnell Park Trail
- Mt. Shepherd
- Camp Caraway
- Ridge’s Mountain Nature Preserve

For more information on trails in Randolph County, visit www.piedmonttrails.org/trails-near-asheboro/.
LOCAL BUSINESS READY RATING DAY

Hosted by Randolph County Local Emergency Preparedness Committee

12 July 2022 2pm

Randolph County LEPC invites our local businesses to discover the American Red Cross Ready Rating website and learn more about the hazards in our community.

Time and Place
July 12, 2022 at 2:00pm
RC-EMS Headquarters
760 New Century Dr.
Asheboro NC 27205

REGISTER NOW

Our Main Topics:

Preparedness  Training  Planning

336-318-6944  christie.mccorquodale@randolphcountync.gov
Daily Speed Clean Checklist

THE KITCHEN
- Return food, utensils, and pans to their homes
- Rinse sink
- Empty trash
- Sweep floor
- Wipe stove-top
- Wipe microwave
- Close all doors and drawers
- Fold or hang dish towels

THE BATHROOM
- Return vanity items to their homes
- Wipe sink fixtures and counter
- Close shower curtain or door
- Check the toilet paper supply
- Wipe hair up off the floor
- Straighten towels on racks
- Spritz air freshener

THE LIVING ROOM
- Remove items that belong somewhere else
- Straighten and fluff cushions and pillows
- Fold throws
- Place current magazines in their home
- Put daily newspaper into recycling bin
- Dust table surfaces
- Straighten bookshelves
- Throw trash into trash basket

THE BEDROOM
- Remove items that belong somewhere else
- Return clean clothes to closet or drawers
- Put dirty laundry in the hamper
- Return shoes to closet
- Make bed

www.fca.com
Self-Care To-Do List

Taking care of yourself is the kindest thing you can do

- Read a book. (I suggest Anne of Green Gables)
- Reconnect with someone you ADORE.
- Journal or write about your feelings
- Rest
  - Nap
  - Sleep early
  - Take a break
- Get creative. Paint, draw, use your talent.
- Do something that physically makes you feel good.
- Ask yourself: What do I need?
- Get outside. Soak in sun, rain, & wind
- Drink your water!!
- Get back into your hobbies! (Puzzles are SO relaxing!)
- Plan a movie night or binge watch something on Netflix
- Have a cup of tea or cocoa. (Bonus points if it's with a book!)
- Pet or cuddle a furry thing
- There's tons more on BlessingManifesting.com
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