

Symptom Screening Checklist for Non-Healthcare Employees

Anyone showing symptoms of COVID-19 or who may be waiting on COVID-19 test results should not work

1. Have you had close contact (within 6 feet for at least 15 minutes) in the last 14 days with someone diagnosed with COVID-19, or have you been advised by a health department employee that you should be in quarantine?

Yes

➤ Employee should contact local health department to verify whether and how to quarantine or if employee can meet CDC guidance for Critical Infrastructure Workers.

No

➤ The employee can work if they are not experiencing symptoms.

2. Since you last worked, have you had any of these symptoms?

Fever

Chills

Shortness of breath or difficulty breathing

New cough

New loss of taste or smell

If an employee has any of these symptoms, they should immediately go home, stay away from other people, and call their health care provider.

If an employee has been diagnosed or has symptoms of COVID-19, they should not work.

If an employee tested positive for COVID-19 or has symptoms consistent with COVID-19, they should stay in isolation at home if they feel well enough, and call their healthcare provider if symptoms worsen. There are two strategies to end isolation: Symptom-based strategy, or test-based strategy.

Symptom-based strategy:

Persons with COVID-19 who have symptoms and were directed to care for themselves at home may discontinue isolation under the following conditions:

At least 1 day (24 hours) have passed *since recovery* defined as resolution of fever without the use of fever-reducing medications **and**,

Improvement in respiratory symptoms (e.g., cough, shortness of breath); **and**,

At least 10 days have passed *since symptoms first appeared*.

***A test-based strategy is no longer recommended except to discontinue isolation or precautions and employers should not require documentation of a negative test before allowing a worker to return.**

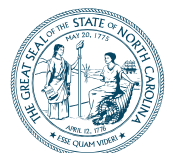
If an employee has had a negative COVID-19 test, they can return to work once they have no fever without the use of fever-reducing medicines and have felt well for 24 hours.



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Protect your family and neighbors.

Learn more at nc.gov/covid19



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